

M P STATE MASTERS MENS EQUIPPED AND CLASSIC POWERLIFTING CHAMPIONSHIP 2024																		
CLASSIC MENS RESULT			HELD AT ITARSI, DURING 07-08 JUNE 2024															
Master 1																		
#	Name	DOB	Team	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
66kg																		
	1 DEEPAK KUMAR MALVIYA	08-03-1981	Bhopal Corporation	135p	145p	147.5p	147.5	90p	97.5x	97.5x	90	150p	160x	165p	165	402.5	1	65.18
	2 LAXMAN PRASAD GAUTAM	10-02-1977	Bhopal Corporation	115p	127.5p	132.5p	132.5	82.5p	87.5p	90x	87.5	165p	175p	180p	180	400	2	65.055
	3 ANANT GOPAL YADAV	15-09-1984	Shivpuri District	100p	110p	115p	115	80p	87.5p	92.5x	87.5	115p	120x	120p	120	322.5	3	62.7
74kg																		
	1 BHERU LAL	31-05-1978	Bhopal District	150p	160p	170p	170	100p	107.5p	115p	115	170p	180p	200p	200	485	1	73.255
	2 RAJA BABU BABARIYA	11-03-1983	Jabalpur	147.5p	150p	152.5x	150	107.5p	110p	112.5x	110	155p	160p	165x	160	420	2	71.155
	3 SOHAN RANA	01-01-1975	Bhopal Corporation	110p	120p	125p	125	100p	120p	127.5x	120	120p	130p	0	130	375	3	72.1
83kg																		
	1 SHAKIR SHAIKH	01-08-1984	Ujjain	160x	160x	160x	0	x	x	x	0	x	x	x	0	0		80.35
	2 VIJAY KUMAR VERMA	15-09-1977	Jabalpur	135x	135x	135x	0	x	x	x	0	x	x	x	0	0		82.885
	3 ATUL SAXENA	16-12-1976	Bhopal Corporation	140p	155p	162.5x	155	100p	110p	115p	115	150p	160p	170p	170	440	1	83
	4 GAJENDRA AWASTHI	07-07-1977	Indore Corporation	125p	135x	140x	125	85p	95p	100x	95	170x	170p	180p	180	400	2	81.59
	5 SATISH KUMAR BAIN	12-05-1983	Sagar	120p	130p	135p	135	100p	107.5p	110p	110	145p	155p	160x	155	400	3	82.19
93kg																		
	1 JITENDRA ASNANI	10-03-1982	Bhopal Corporation	175p	182.5p	190p	190	115p	120p	125p	125	202.5p	212.5p	220p	220	535	1	87.695
	2 DEVENDRA MISHRA	20-10-1983	Shadol	165p	175p	180p	180	125p	135p	140p	140	190p	205p	210p	210	530	2	90.2
	3 NARESH MALVIYA	20-05-1980	Indore Corporation	165p	175x	175x	165	115p	125x	127.5p	127.5	150p	170p	180x	170	462.5	3	89.15
	4 VINOD NAYAR	09-05-1982	Jabalpur	140p	147.5p	152.5p	152.5	105p	107.5p	110p	110	170p	175x	0	170	432.5	4	88.9
	5 SUNIL SONKAR	01-05-1981	Jabalpur	140p	150p	160p	160	90p	97.5p	100x	97.5	160p	170x	170p	170	427.5	5	91.4
	6 VIJAY SINGH RAI	07-02-1984	Indore Corporation	150p	160p	170x	160	80p	85p	90p	90	150x	155p	160x	155	405	6	89.82
105kg																		
	1 ABHISHEK MOTILAL BADKE	15-08-1984	Indore District	180p	190x	190x	180	130p	140p	145p	145	200p	210p	220p	220	545	1	104.64
	2 DEENU SWAMI	13-08-1981	Jabalpur	140p	150p	160p	160	85p	90p	0	90	155p	0	0	155	405	2	94.1
120kg																		
	1 RAVI DUBEY	16-06-1983	Bhopal Corporation	120p	135p	145x	135	90p	100p	105x	100	110p	120p	125p	125	360	1	108.4
120+																		
	1 YOGENDRA K.P. HARDIYA	17-08-1983	Indore District	150p	0	0	150	120p	0	0	120	150p	180p	200p	200	470		127
Master 2																		
#	Name	DOB	Team	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
59kg																		
	1 AJAY KUMAR CHANDWANI	13-11-1971	Ujjain	40p	45x	45x	40	45x	45p	50x	45	90p	100p	110x	100	185	1	52.8
66kg																		
	1 HEMANT RAGHUWANSHI	02-08-1973	Shivpuri District	90p	110p	120p	120	75p	85p	87.5p	87.5	135x	135p	150x	135	342.5	1	65.8
	2 VINOD MAHADEV NANDANWAR	22-02-1970	Jabalpur	110x	120p	125x	120	70p	80p	85p	85	110p	120p	130p	130	335	2	65.07

74kg																			
	1	RAJENDER SINGH SHAH	14-12-1971	Shivpuri District	160p	170p	175x	170	80p	85p	87.5x	85	185p	195p	197.5x	195	450	1	73.76
	2	MANOJ	01-09-1968	Itarsi	145x	145p	150p	150	100p	105p	110x	105	160p	170p	175x	170	425	2	68.805
	3	SHYAM SINGH	17-05-1973	Jabalpur	115p	125p	130p	130	80p	90p	97.5p	97.5	150p	160p	0	160	387.5	3	70.455
	4	VINAY JOSHI	29-10-1974	Jabalpur	110p	120x	120x	110	65p	70x	70x	65	155p	160x	160x	155	330	4	69.22
83kg																			
	1	ELVIS KANE	19-09-1965	Jabalpur	105p	110p	117.5p	117.5	80p	85p	90x	85	130p	140p	147.5x	140	342.5	1	74.42
	2	PRAKASH CHOUKSEY	31-05-1973	Jabalpur	100p	115p	120p	120	75p	85p	92.5x	85	120p	130p	135p	135	340	2	81.72
93kg																			
	1	MANOJ KUMAR JAIN	27-06-1971	Jabalpur	90p	0	0	90	60p	70x	0	60	100p	115p	125p	125	275	1	83.5
105kg																			
	1	SHAILENDRA EDWIN	16-09-1969	Bina	180p	0	0	180	120p	0	0	120	180p	0	0	180	480	1	98.6
Master 3																			
#	Name	DOB	Team	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.	
59kg																			
	1	BHAGWAN DAS KASHYAP	14-09-1956	Sagar	85p	95p	100x	95	50p	55p	57.5x	55	110x	110p	125p	125	275	1	56.58
	2	MANI CHOUDHARY	13-01-1960	Jabalpur	85x	85p	90x	85	52.5p	57.5p	60x	57.5	100x	105p	110p	110	252.5	2	58.675
66kg																			
	1	RAMESH CHANDRA NAMDEV	24-03-1958	Indore Corporation	60p	0	0	60	50p	0	0	50	70p	0	0	70	180	1	65.5
83kg																			
	1	SHRI RAM TARE	29-03-1961	Indore Corporation	120p	130p	140x	130	70p	80p	87.5p	87.5	120p	130p	135p	135	352.5	1	82.5
	2	U.P.SINGH	12-02-1961	Bhopal Corporation	110p	117.5p	0	117.5	70p	80p	82.5p	82.5	110p	130p	0	130	330	2	74.46
93kg																			
	1	PREMNARAYAN PANDEY	01-07-1964	Itarsi	160p	170p	175p	175	105p	112.5p	117.5p	117.5	185p	195p	200p	200	492.5	1	90.7
	2	SANJIV RAZDAN	13-11-1960	Indore Corporation	130p	150p	170p	170	105p	115p	120x	115	150p	170p	190p	190	475	2	91.3
105kg																			
	1	PRASANNA KULKARNI	24-05-1963	Indore Corporation	120p	130p	140x	130	80p	85p	92.5p	92.5	130p	140p	150p	150	372.5	1	98
	2	MANOHAR LAL SEN	05-11-1959	Sagar	90p	97.5x	97.5x	90	60x	60p	62.5p	62.5	100p	105p	110p	110	262.5	2	102.9
	3	KHOOBCHAND MALGANI	15-06-1959	Jabalpur	80p	82.5x	82.5p	82.5	47.5p	50p	52.5x	50	90p	100p	105p	105	237.5	3	97.13
Master 4																			
#	Name	DOB	Team	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.	
66kg																			
	1	NAVEEN CHAND KAPOOR	06-06-1947	Jabalpur	60x	60p	65x	0	40x	40x	45x	0	x	x	x	0	0		62.005
105kg																			
	1	ASHOK DUBEY	28-08-1950	Indore Corporation	25p	35p	40p	40	45p	50p	57.5p	57.5	40p	50p	60p	60	157.5	1	94.82

MP State MASTERS CLASSIC & EQUIPPED Powerlifting Championship 2024

Team Championship

HELD AT ITARSI DURING 07-08 JUNE 2024

MASTERS CLASSIC MEN

Unit	Points	Rank	IPF GL Points
BHOPAL CORPORATION	57	1st	302.341
INDORE CORPORATION	57	2nd	207.745
JABALPUR	51	3rd	*

MASTERS CLASSIC WOMEN

Name	Points	Rank	IPF GL Points
INDORE CORPORATION	60	1st	60
JABALPUR	51	2nd	51
INDORE DISTRICT	24	3rd	24

MASTERS EQUIPPED WOMEN

Name	Points	Rank	IPF GL Points
INDORE CORPORATION	48	1st	*
JABALPUR	24	2nd	*
INDORE DISTRICT	12	3rd	91.039

MASTERS EQUIPPED MEN

Unit	Points	Rank	IPF GL Points
BHOPAL CORPORATION	84	1st	*
INDORE CORPORATION	53	2nd	*
JABALPUR	36	3rd	*

MP State MASTERS CLASSIC & EQUIPPED Powerlifting Championship 2024

HELD AT ITARSI DURING 07-08 JUNE 2024

Best Lifter Classic Men

MASTERS -1						
Name	Unit	BW	Total	Point	Rank	
JITENDRA ASNANI	BHOPAL CORPORATION	87.695	535	72.044	FIRST	

MASTERS -2						
Name	Unit	BW	Total	Point	Rank	
RAJENDRA SINGH SHAH	SHIVPURI DISTRICT	73.76	450	66.176	FIRST	

MASTERS -3						
Name	Unit	BW	Total	Point	Rank	
PREMNARAYAN PANDEY	ITARSI DISTRICT	90.7	492.5	65.225	FIRST	

MASTERS -4						
Name	Unit	BW	Total	Point	Rank	
ASHOK DUBEY	INDORE CORPORATION	94.82	157.5	20.411	FIRST	

Best Lifter Equipped Men

MASTERS -1						
Name	Unit	BW	Total	Point	Rank	
S. TANDELU	JABALPUR	73.7	580	85.329	FIRST	

MASTERS -2						
Name	Unit	BW	Total	Point	Rank	
SHIV PRASAD	BHOPAL DISTRICT	557.5	72.9	82.486	FIRST	

MASTERS -3						
Name	Unit	BW	Total	Point	Rank	
SANJIV RAZDAN	INDORE CORPORATION	91.1	450	59.467	FIRST	

MASTERS -4						
Name	Unit	BW	Total	Point	Rank	
S.K. SONI	BHOPAL CORPORATION	63.5	255	40.573	FIRST	