

M P STATE MASTERS MEN/WOMEN EQUIPPED AND CLASSIC POWERLIFTING CHAMPIONSHIP 2024																		
EQUIPPED WOMENS RESULT			HELD AT ITARSI, DURING 07-08 JUNE 2024															
Master 1																		
#	Name	DOB	Team	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
47kg																		
	1 SHIKHA GARHEWAL	21-11-1983	Jabalpur	100p	112.5x	112.5x	100	65p	70p	72.5x	70	100x	100p	110x	100	270	1	46.92
63kg																		
	1 SUNITA KAG	05-08-1982	Badwani	100p	110p	120x	110	55p	57.5p	60p	60	115p	122.5p	125p	125	295	1	62.45
69kg																		
	1 CHITRA NAIDU	21-06-1975	Jabalpur	110x	110x	110p	110	45p	50p	55p	55	110p	115x	115p	115	280	1	68.92
76kg																		
	1 SAPNA KHATRI	03-09-1981	Indore Corporation	85p	95p	105p	105	52.5p	57.5x	57.5x	52.5	110p	120p	130x	120	277.5	1	74.16
Master 2																		
#	Name	DOB	Team	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
57kg																		
	1 SEEMA VERMA	01-06-1966	Bhopal Corporation	72.5p	80p	90p	90	50p	70p	0	70	82.5p	90p	97.5p	97.5	257.5	1	55.5
	2 POOJA MALVIYA	05-09-1972	Itarsi	70x	70x	70p	70	37.5p	42.5x	42.5x	37.5	80p	90p	97.5p	97.5	205	2	56.2
63kg																		
	1 MEENA SHARMA	01-01-1974	Indore District	150p	160p	170p	170	90p	95p	100p	100	120p	130p	0	130	400	1	61.145
69kg																		
	1 NIRMALA BAGANI	05-10-1970	Indore Corporation	40p	50p	55x	50	35p	40x	40x	35	70p	72.5p	75p	75	160	1	63.8
84+																		
	1 SANTWANA SHARMA	28-04-1973	Indore Corporation	65x	65p	67.5p	67.5	35p	37.5p	40p	40	75p	80p	85p	85	192.5	1	90.03
Master 3																		
#	Name	DOB	Team	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
69kg																		
	1 MEERA RAZDAN	07-11-1958	Indore Corporation	40p	50p	60p	60	35p	40p	42.5x	40	95p	105p	110p	110	210	1	68.23

MP State MASTERS CLASSIC & EQUIPPED Powerlifting Championship 2024

Team Championship

HELD AT ITARSI DURING 07-08 JUNE 2024

MASTERS CLASSIC MEN

Unit	Points	Rank	IPF GL Points
BHOPAL CORPORATION	57	1st	302.341
INDORE CORPORATION	57	2nd	207.745
JABALPUR	51	3rd	*

MASTERS CLASSIC WOMEN

Name	Points	Rank	IPF GL Points
INDORE CORPORATION	60	1st	60
JABALPUR	51	2nd	51
INDORE DISTRICT	24	3rd	24

MASTERS EQUIPPED WOMEN

Name	Points	Rank	IPF GL Points
INDORE CORPORATION	48	1st	*
JABALPUR	24	2nd	*
INDORE DISTRICT	12	3rd	91.039

MASTERS EQUIPPED MEN

Unit	Points	Rank	IPF GL Points
BHOPAL CORPORATION	84	1st	*
INDORE CORPORATION	53	2nd	*
JABALPUR	36	3rd	*

MP State MASTERS CLASSIC & EQUIPPED Powerlifting Championship 2024

HELD AT ITARSI DURING 07-08 JUNE 2024

Best Lifter Classic Women

MASTERS -1					
Name	Unit	BW	Total	Point	Rank
SUSHAMA VERMA	INDORE DISTRICT	68.64	322.5	67.009	FIRST

MASTERS -2					
Name	Unit	BW	Total	Point	Rank
MEENA SHARMA	INDORE DISTRICT	61.145	357.5	79.771	FIRST

MASTERS -3					
Name	Unit	BW	Total	Point	Rank
SUNITA MALVIYA	INDORE CORPORATION	57.92	172.5	39.985	FIRST

Best Lifter Equipped Women

MASTERS -1					
Name	Unit	BW	Total	Point	Rank
SHIKHA GARHEWAL	JABALPUR	46.92	270	59.238	FIRST

MASTERS -2					
Name	Unit	BW	Total	Point	Rank
MEENA SHARMA	INDORE DISTRICT	61.145	400	91.039	FIRST

MASTERS -3					
Name	Unit	BW	Total	Point	Rank
MEERA RAZDAN	INDORE CORPORATION	68.23	210	43.781	FIRST