

M P STATE MASTERS WOMENS EQUIPPED AND CLASSIC POWERLIFTING CHAMPIONSHIP 2024																		
CLASSIC WOMENS RESULT			HELD AT ITARSI, DURING 07-08 JUNE 2024															
Master 1																		
#	Name	DOB	Team	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
47kg																		
	1 SHIKHA GARHEWAL	21-11-1983	Jabalpur	70p	75p	80p	80	45p	50p	55x	50	85x	95p	100p	100	230	1	46.92
63kg																		
	1 SUNITA KAG	05-08-1982	Badwani	90p	100p	110p	110	52.5p	57.5p	62.5x	57.5	105p	115p	122.5p	122.5	290	1	62.45
69kg																		
	1 SUSHAMA VERMA	15-04-1984	Indore District	120x	120p	125x	120	60p	70x	70p	70	125p	132.5p	135x	132.5	322.5	1	68.64
	2 CHITRA NAIDU	21-06-1975	Jabalpur	75p	85p	92.5p	92.5	40p	45p	50x	45	110p	117.5p	120x	117.5	255	2	68.92
76kg																		
	1 SAPNA KHATRI	03-09-1981	Indore Corporation	90p	100p	105p	105	50p	52.5p	57.5p	57.5	120p	130x	130p	130	292.5	1	74.16
84+																		
	1 RENU ASNANI	13-03-1981	Bhopal Corporation	100p	115p	125p	125	60x	60p	70p	70	120p	130p	137.5x	130	325		91.31
Master 2																		
#	Name	DOB	Team	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
57kg																		
	1 POOJA MALVIYA	05-09-1972	Itarsi	70x	70x	70p	70	37.5p	40x	42.5p	42.5	70p	85p	95p	95	207.5	1	56.2
63kg																		
	1 MEENA SHARMA	01-01-1974	Indore District	120p	132.5x	140p	140	70p	75p	80p	80	130p	137.5p	0	137.5	357.5	1	61.145
69kg																		
	1 NIRMALA BAGANI	05-10-1970	Indore Corporation	40p	50x	50p	50	35x	35p	37.5p	37.5	70p	75p	77.5p	77.5	165	1	63.8
76kg																		
	1 SUNITA PANCH	29-11-1974	Jabalpur	80p	90p	100x	90	50p	55p	60p	60	100p	110p	120p	120	270	1	74.32
	2 ANJANI PANDEY	05-06-1965	Jabalpur	50x	50p	57.5x	50	30p	32.5p	35p	35	60p	70p	80p	80	165	2	70.063
84+																		
	1 SANTWANA SHARMA	28-04-1973	Indore Corporation	70p	75x	75x	70	37.5p	0	0	37.5	75x	77.5p	82.5p	82.5	190		90.03
Master 3																		
#	Name	DOB	Team	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
63kg																		
	1 SUNITA MALVIYA	10-02-1963	Indore Corporation	50x	50p	52.5p	52.5	35x	37.5x	40p	40	60p	70p	80p	80	172.5	1	57.92
69kg																		
	1 MEERA RAZDAN	07-11-1958	Indore Corporation													0		68.23
	2 MANJULATA INGLE	16-07-1962	Jabalpur	60p	65p	70p	70	32.5p	35x	35x	32.5	70p	75p	77.5p	77.5	180	1	68.87

MP State MASTERS CLASSIC & EQUIPPED Powerlifting Championship 2024

Team Championship

HELD AT ITARSI DURING 07-08 JUNE 2024

MASTERS CLASSIC MEN

Unit	Points	Rank	IPF GL Points
BHOPAL CORPORATION	57	1st	302.341
INDORE CORPORATION	57	2nd	207.745
JABALPUR	51	3rd	*

MASTERS CLASSIC WOMEN

Name	Points	Rank	IPF GL Points
INDORE CORPORATION	60	1st	60
JABALPUR	51	2nd	51
INDORE DISTRICT	24	3rd	24

MASTERS EQUIPPED WOMEN

Name	Points	Rank	IPF GL Points
INDORE CORPORATION	48	1st	*
JABALPUR	24	2nd	*
INDORE DISTRICT	12	3rd	91.039

MASTERS EQUIPPED MEN

Unit	Points	Rank	IPF GL Points
BHOPAL CORPORATION	84	1st	*
INDORE CORPORATION	53	2nd	*
JABALPUR	36	3rd	*

MP State MASTERS CLASSIC & EQUIPPED Powerlifting Championship 2024

HELD AT ITARSI DURING 07-08 JUNE 2024

Best Lifter Classic Women

MASTERS -1					
Name	Unit	BW	Total	Point	Rank
SUSHAMA VERMA	INDORE DISTRICT	68.64	322.5	67.009	FIRST

MASTERS -2					
Name	Unit	BW	Total	Point	Rank
MEENA SHARMA	INDORE DISTRICT	61.145	357.5	79.771	FIRST

MASTERS -3					
Name	Unit	BW	Total	Point	Rank
SUNITA MALVIYA	INDORE CORPORATION	57.92	172.5	39.985	FIRST

Best Lifter Equipped Women

MASTERS -1					
Name	Unit	BW	Total	Point	Rank
SHIKHA GARHEWAL	JABALPUR	46.92	270	59.238	FIRST

MASTERS -2					
Name	Unit	BW	Total	Point	Rank
MEENA SHARMA	INDORE DISTRICT	61.145	400	91.039	FIRST

MASTERS -3					
Name	Unit	BW	Total	Point	Rank
MEERA RAZDAN	INDORE CORPORATION	68.23	210	43.781	FIRST