

INDORE DISTRICT POWERLIFTING CHAMPIONSHIP

Mens

Sub Junior: 53kg(Equipped)

#	Name	DOB	Unit	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
1	RAHUL OJHA	29-06-2005	VANSH BODY CARE	105p	110p	115p	115	60p	65p	67.5p	67.5	150p	155p	157.5x	155	337.5	1	53
2	ASHISH NAGTILAK	20-06-2005	WOLF POWER HOUSE	75p	80p	85p	85	45p	50p	52.5x	50	105p	115p	120x	115	250	2	53.3

Sub Junior: 59kg(Equipped)

#	Name	DOB	Unit	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
1	JOGENDRA PANDEY	06-05-2006	SHRI RAM GYM MR 9	110x	110p	120x	110	75x	75p	80x	75	115p	120p	127.5p	127.5	312.5	1	57.9
2	ASHISH NAGTILAK	20-06-2005	WOLF POWER HOUSE	75p	80p	85p	85	45p	50p	52.5x	50	105p	115p	120x	115	250	2	53.3

Sub Junior: 66kg(Equipped)

#	Name	DOB	Unit	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
1	SUMIT MOHE	19-03-2004	SAPPHIRE GYM	170x	170p	180x	170	82.5p	87.5x	0	82.5	190p	200p	210x	200	452.5	1	65
2	AMIT MUJALDE	03-12-2004	BODY FACTORY FITNESS CLUB	150p	155x	155p	155	75p	80x	80p	80	150p	155p	160p	160	395	2	64.64

Sub Junior: 74kg(Equipped)

#	Name	DOB	Unit	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
1	AMAN BHAGAT	06-04-2001	SHRI RAM GYM MR 9	200p	0	0	200	100p	0	0	100	200p	0	0	200	500	1	74
2	HARISH PARTE	14-12-2001	BRAVO GYM	140p	160x	165x	140	90x	95x	95p	95	170p	185p	192.5x	185	420	2	73.74

Sub Junior: 83kg(Equipped)

#	Name	DOB	Unit	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
1	PRATHVI RAJ SINGH CHOUHAN	02-08-2002	MUSCLE AND BEYOND GYM	115x	120p	130p	0	70x	70x	70x	0	120	0	0	0	0		90.76
2	VINAYAK PATEL	17-09-2005	SHRI RAM GYM MR 9	210x	210p	0	210	110p	115p	0	115	200p	0	0	200	525	1	82.9
3	MANTHAN CHOUHAN	22-06-2002	SHRI RAM GYM MR 9	100p	110x	110p	110	95p	100x	100x	95	140p	155p	165x	155	360	2	76.82

Sub Junior: 93kg(Equipped)

#	Name	DOB	Unit	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
1	ABHISHEK RAWAL	05-04-2004	SHRI RAM GYM KHAJRANA	190p	205p	0	205	70p	80p	90x	80	190x	195x	195p	195	480	1	91.38

Sub Junior: 120+(Equipped)

#	Name	DOB	Unit	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
1	YASH RAWAT	29-03-2004	RS FITNESS GYM	170x	170p	0	170	160x	160p	0	160	160p	170p	180p	180	510		123.4

Sub Junior: 53kg(Equipped)

#	Name	DOB	Unit	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
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1	RISHABH BISWAS	15-04-2006	SHRI RAM GYM KHAJRANA	100p	107.5x	107.5x	100	57.5p	60p	65x	60	135p	142.5p	150p	150	310	2	53
2	SOURABH YADAV	13-01-2007	VANSH BODY CARE	90p	100p	105x	100	60p	65p	67.5x	65	135p	140p	142.5x	140	305	3	51.7
3	HARSHIT SAHU	01-05-2009	VANSH BODY CARE	55p	60x	60p	60	35p	37.5x	37.5p	37.5	90p	100x	100x	90	187.5	4	40.6
4	AYUSH RATHORE	21-04-2011	VANSH BODY CARE	40p	50p	55p	55	20p	25p	30p	30	50p	60p	65p	65	150	5	40.38
5	DEVANSH SHRIVASTAV A	04-03-2009	VANSH BODY CARE	55p	62.5p	67.5p	0	35p	40p	42.5x	0	85x	90x	90x	0	0	6	46.48

Sub Junior: 59kg(Equipped)

#	Name	DOB	Unit	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
1	HARSH SISODIYA	29-11-2007	G.S. FITNESS CLIB	110p	120x	120x	110	45p	55p	65x	55	100p	135p	150p	150	315	1	58.98

Sub Junior: 66kg(Equipped)

#	Name	DOB	Unit	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
1	ADITYA DOSHI	02-10-2006	SHRI RAM GYM MR 9	130x	130p	0	130	80p	82.5x	0	80	170p	177.5x	0	170	380	1	63.68
2	PARTH BUDANA	21-03-2006	16 HOURS FITNESS CLUB	110x	110p	112.5p	112.5	87.5x	87.5p	90x	87.5	150p	155p	160x	155	355	2	64.6
3	MOKSH MOHTA	02-12-2007	BODY FACTORY FITNESS CLUB	125p	130p	0	130	70p	75p	77.5x	75	140p	0	0	140	345	3	63.5

Sub Junior: 74kg(Equipped)

#	Name	DOB	Unit	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
1	ARYAN TIWARI	25-01-2006	VITAL GYM	80p	110p	120x	110	60p	75p	85p	85	130p	150p	165p	165	360	1	68.44

Sub Junior: 83kg(Equipped)

#	Name	DOB	Unit	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
1	PRAVEEN JAMDAR	27-07-2006	SHRI RAM GYM MR 9	155x	160p	170x	160	80p	90p	105p	105	150p	160p	165p	165	430	1	79.12

Sub Junior: 93kg(Equipped)

#	Name	DOB	Unit	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
1	ANSHU KUMAR	20-03-2007	SHRI RAM GYM MR 9	190p	0	0	190	120p	127.5x	0	120	200p	0	0	200	510	1	92.98
2	TANMAY BHAWSAR	05-04-2007	WARZISH GYM	125p	132.5x	137.5p	137.5	77.5p	85p	90x	85	135p	145p	155p	155	377.5	2	90.2
3	ADITYA SATAO	16-08-2006	RS FITNESS GYM	110p	120p	0	120	65x	65x	65p	65	140p	150p	155x	150	335	3	87.94

Sub Junior: 105kg(Equipped)

#	Name	DOB	Unit	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
1	ADITYA VERMA	18-09-2009	WOLF POWER HOUSE	90p	100x	110x	90	60p	70x	70x	60	120p	140x	140p	140	290	1	104.14

Sub Junior: 120kg(Equipped)

#	Name	DOB	Unit	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
1	NAVIN YADAV	19-07-2007	SHRI RAM GYM MR 9	70p	85x	90p	90	50p	60p	70p	70	80p	95x	95p	95	255	1	107.98

Womens

Junior: 47kg(Equipped)

#	Name	DOB	Unit	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
1	KHUSHI KAG	08-11-2002	SHRI RAM GYM KHAJRANA	65p	72.5p	0	72.5	32.5p	35p	37.5x	35	95p	0	0	95	202.5	1	45.9

Junior: 52kg(Equipped)

#	Name	DOB	Unit	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
1	ISHIKA LASHKARI	14-12-2005	SHRI RAM GYM KHAJRANA	65p	0	0	65	30p	0	0	30	70p	0	0	70	165	1	51.6

Junior: 57kg(Equipped)

#	Name	DOB	Unit	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
1	ROSHNI SILAWAT	21-05-2005	SHRI RAM GYM KHAJRANA	90p	0	0	90	40p	0	0	40	100p	0	0	100	230	1	57

Junior: 63kg(Equipped)

#	Name	DOB	Unit	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
1	SONAL CHHETRI	20-06-2003	S.R THAKUR THE FITNESS MALL	90p	97.5p	100p	100	42.5x	42.5p	45p	45	90p	97.5p	102.5p	102.5	247.5	1	60.16
2	MONIKA KACHHAWA	29-05-2004	GUJRATI GYM	55p	60p	62.5x	60	27.5p	30p	32.5p	32.5	75p	80p	82.5p	82.5	175	2	58.02

Junior: 69kg(Equipped)

#	Name	DOB	Unit	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
1	SAKSHI NARWARIYA	14-01-2005	S.R THAKUR THE FITNESS MALL	90p	97.5p	100p	100	52.5x	52.5x	52.5p	52.5	95p	102.5p	110p	110	262.5	1	67.04

Junior: 84kg(Equipped)

#	Name	DOB	Unit	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
1	ANJALI KAUSHAL	24-12-2003	SHRI RAM GYM MR 9	37.5p	45p	50p	50	20p	25p	27.5x	25	50p	60p	62.5p	62.5	137.5	1	82.4

Junior: 84+(Equipped)

#	Name	DOB	Unit	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
1	ANANYA GUPTA	27-09-2004	BRAVO GYM	100x	110p	120x	110	50p	55p	60x	55	115p	125p	127.5x	125	290	1	127.5

Sub Junior: 69kg(Equipped)

#	Name	DOB	Unit	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
1	RIYA YADAV	15-06-2006	SHRI RAM GYM MR 9	50x	50p	0	50	30x	32.5x	32.5p	32.5	70p	80p	90x	80	162.5	1	66.3

Sub Junior: 84+(Equipped)

#	Name	DOB	Unit	SQ1	SQ2	SQ3	Final	BP1	BP2	BP3	Final	DL1	DL2	DL3	Final	Total	Rank	Body Wt.
1	DAKSHITA TRIVEDI	01-06-2008	IRON GYM	90x	105p	0	105	35x	40p	45x	40	80p	90p	92.5p	92.5	237.5	1	92.05