

MP Powerlifting Association Records

SUB JUNIOR

Womens(Equipped)

Squat

Category	Name	Unit	Body Wt.	Result	Date
43kg	ROSHNI PACHOURI	Mureena	41.9	242.5	15-04-2023
47kg	DIVYANSHI SELAR	Indore Corporation	46.05	187.5	15-04-2023
52kg	CHAITANYA PARMAR	Indore Corporation	51.77	237.5	15-04-2023
57kg	ROSHNI SILAWAT	Indore Corporation	87	245	15-04-2023
63kg	BHAKTI VARLANI	Indore Corporation	62.4	167.5	15-04-2023
69kg	RIYA YADAV	SHRI RAM GYM MR 9	66.3	162.5	21-04-2024
72kg	ALSHIFA ALI	Ujjain	70.22	42.5	21-08-2024
84+kg	DAKSHITA TRIVEDI	IRON GYM	92.05	237.5	21-04-2024

Womens(Equipped)

Bench Press

Category	Name	Unit	Body Wt.	Result	Date
43kg	ROSHNI PACHOURI	Mureena	41.9	242.5	15-04-2023
47kg	DIVYANSHI SELAR	Indore Corporation	46.05	187.5	15-04-2023
52kg	CHAITANYA PARMAR	Indore Corporation	51.77	237.5	15-04-2023
57kg	ROSHNI SILAWAT	Indore Corporation	87	245	15-04-2023
63kg	BHAKTI VARLANI	Indore Corporation	62.4	167.5	15-04-2023
69kg	RIYA YADAV	SHRI RAM GYM MR 9	66.3	162.5	21-04-2024
72kg	ALSHIFA ALI	Ujjain	70.22	42.5	21-08-2024
84+kg	DAKSHITA TRIVEDI	IRON GYM	92.05	237.5	21-04-2024

Womens(Equipped)

Dead Lift

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Womens(Equipped)

All

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SUB JUNIOR

Womens(Unequipped)

Squat

Category	Name	Unit	Body Wt.	Result	Date
43kg	ROSHNI PACHOURI	Mureena	41.2	200	30-03-2023
47kg	NANCY JATAV	Gwalior	46.7	210	30-03-2023
52kg	CHAITANYA PARMAR	Indore Corporation	52	235	30-03-2023
57kg	DIYA SEN	Bina	52.18	187.5	30-03-2023
63kg	MUSKAN SHEKH	Shivpuri District	62.32	280	30-03-2023
69kg	SIDDHI GUPTA	Shadol	66.44	222.5	30-03-2023
72kg	ANJALI GHANGHAURIYA	Mureena	74.1	240	30-03-2023
84+kg	MISHTI HARDIYA	Indore Corporation	92.59	310	30-03-2023
84kg	AKSHITA SHRIVASTAVA	Ujjain	81.93	200	30-03-2023

Womens(Unequipped)

Bench Press

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63kg	MUSKAN SHEKH	Shivpuri District	62.32	280	30-03-2023
69kg	SIDDHI GUPTA	Shadol	66.44	222.5	30-03-2023
72kg	ANJALI GHANGHAURIYA	Mureena	74.1	240	30-03-2023
84+kg	MISHTI HARDIYA	Indore Corporation	92.59	310	30-03-2023
84kg	AKSHITA SHRIVASTAVA	Ujjain	81.93	200	30-03-2023

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	PARMAR				
57kg	DIYA SEN	Bina	52.18	187.5	30-03-2023
63kg	MUSKAN SHEKH	Shivpuri District	62.32	280	30-03-2023
69kg	SIDDHI GUPTA	Shadol	66.44	222.5	30-03-2023
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