

# MP Powerlifting Association Records

## SUB JUNIOR

### Mens(Equipped)

#### Squat

Category	Name	Unit	Body Wt.	Result	Date
53kg	PIYUSH SOLANKI	Indore Corporation	52.38	247.5	15-04-2023
59kg	YATHARTH YADAV	Dhar	58.57	260	15-04-2023
66kg	SUMIT RAJPUT	Indore Corporation	63.23	457.5	15-04-2023
74kg	PRIYADARSHAN SINGH CHAUHAN	Mureena	73.12	497.5	15-04-2023
83kg	VINAYAK PATEL	Indore Corporation	81.9	465	15-04-2023
93kg	PREM KARDAM	Indore District	83.7	245	15-04-2023
105kg	MEET KARDAM	Indore District	93.65	305	15-04-2023
120kg	NAVIN YADAV	SHRI RAM GYM MR 9	107.98	255	21-04-2024

### Mens(Equipped)

#### Bench Press

Category	Name	Unit	Body Wt.	Result	Date
53kg	HARSHIT JAT	Ujjain	52.16	357.5	15-04-2023
59kg	HIMANSHU VYAS	Indore Corporation	58.6	360	15-04-2023
66kg	SAHIL RATHOR	Mureena	65.95	95	21-08-2024
74kg	NISHIT LOKHANDE	Indore Corporation	71.86	422.5	15-04-2023
83kg	RISHIKESH JADHAW	Ujjain	81.8	95	21-08-2024
93kg	GOVINDA MORE	Indore Corporation	86.6	540	15-04-2023
105kg	SUBAHAN RAZA SHEKH	Ujjain	98.54	90	21-08-2024
120kg	ADITYA VERMA	Indore Corporation	110	80	21-08-2024

### Mens(Equipped)

#### Dead Lift

Category	Name	Unit	Body Wt.	Result	Date
53kg	HARSHIT SAHU	VANSH BODY CARE	40.6	187.5	21-04-2024
59kg	ANURAG SONI	Rewa District	56.95	387.5	15-04-2023
66kg	MANOJ KUMAWAT	Indore District	65.43	452.5	15-04-2023
74kg	PRIYADARSHAN SINGH CHAUHAN	Mureena	73.12	497.5	15-04-2023
83kg	VINAYAK PATEL	Indore Corporation	81.9	465	15-04-2023
93kg	GOVINDA MORE	Indore Corporation	86.6	540	15-04-2023
105kg	ASHTITWA TIWARI	Shadol	103.5	535	15-04-2023
120kg	NAVIN YADAV	SHRI RAM GYM MR 9	107.98	255	21-04-2024

### Mens(Equipped)

#### All

Category	Name	Unit	Body Wt.	Result	Date
53kg	HARSHIT JAT	Ujjain	52.16	357.5	15-04-2023
59kg	VISHNU SINGHAL	Mureena	58.75	392.5	15-04-2023

Category	Name	Unit	Body Wt.	Result	Date
66kg	SUMIT RAJPUT	Indore Corporation	63.23	457.5	15-04-2023
74kg	PRIYADARSHAN SINGH CHAUHAN	Mureena	73.12	497.5	15-04-2023
83kg	VINAYAK PATEL	Indore Corporation	81.9	465	15-04-2023
93kg	PAWAN PRAJAPATI	Mureena	90.2	555	15-04-2023
105kg	ASHTITWA TIWARI	Shadol	103.5	535	15-04-2023
120kg	MONISH CHAKRAWARTI	Jabalpur	114.5	615	15-04-2023

## SUB JUNIOR

### Mens(Unequipped)

#### Squat

Category	Name	Unit	Body Wt.	Result	Date
53kg	SAMEER VERMA	Shadol	47.3	265	30-03-2023
59kg	RAHUL CHOUHAN	Bhopal District	58.2	102.5	21-08-2024
66kg	JATIN GHENGHAT	Sehore	64.4	267.5	30-03-2023
74kg	PRIYADARSHAN SINGH CHAUHAN	Mureena	72.93	435	30-03-2023
83kg	VINAYAK PATEL	Indore Corporation	81.5	475	30-03-2023
93kg	ROHIT HIRVE	Ratlam	89.4	230	30-03-2023
105kg	PAWAN PRAJAPATI	Mureena	93.4	485	30-03-2023
120kg	CHITRANSH BHARDWAJ	Indore Corporation	117.4	435	30-03-2023

### Mens(Unequipped)

#### Bench Press

Category	Name	Unit	Body Wt.	Result	Date
53kg	MOHAMMAD ARSH KHAN	Indore Corporation	58.7	95	21-08-2024
59kg	DAKSH JAIN	Ujjain	59	0	21-08-2024
66kg	HIMANSHU VYAS	Indore Corporation	60.22	95	30-03-2023
74kg	ARYAN TIWARI	Indore Corporation	69.9	95	21-08-2024
83kg	DRUV YADAV	Indore District	78.54	90	21-08-2024
93kg	VAIBHAV CHODHARI	Ujjain	84.2	95	21-08-2024
105kg	mohammad shoaib KHAN	Ujjain	94.7	352.5	30-03-2023
120kg	PRINCE EKKA	Indore Corporation	117.75	90	21-08-2024

### Mens(Unequipped)

#### Dead Lift

Category	Name	Unit	Body Wt.	Result	Date
53kg	HARSH YADAV	Itarsi	54.7	207.5	30-03-2023
59kg	RAHUL CHOUHAN	Bhopal District	58.2	102.5	21-08-2024
66kg	MANOJ KUMAWAT	Indore District	64.5	425	30-03-2023
74kg	PRIYADARSHAN SINGH CHAUHAN	Mureena	72.93	435	30-03-2023
83kg	VINAYAK PATEL	Indore Corporation	81.5	475	30-03-2023
93kg	TRIBHUWAN DAS DHURVE	Jabalpur	93	490	30-03-2023
105kg	PAWAN PRAJAPATI	Mureena	93.4	485	30-03-2023

Category	Name	Unit	Body Wt.	Result	Date
120kg	CHITRANSH BHARDWAJ	Indore Corporation	117.4	435	30-03-2023

### Mens(Unequipped)

#### All

Category	Name	Unit	Body Wt.	Result	Date
53kg	AMAN SINGH	Rewa District	57.1	397.5	30-03-2023
59kg	VISHNU SINGHAL	Mureena	58.7	360	30-03-2023
66kg	SUMIT RAJPUT	Indore Corporation	63.4	442.5	30-03-2023
74kg	PRIYADARSHAN SINGH CHAUHAN	Mureena	72.93	435	30-03-2023
83kg	VINAYAK PATEL	Indore Corporation	81.5	475	30-03-2023
93kg	TRIBHUWAN DAS DHURVE	Jabalpur	93	490	30-03-2023
105kg	PAWAN PRAJAPATI	Mureena	93.4	485	30-03-2023
120kg	CHITRANSH BHARDWAJ	Indore Corporation	117.4	435	30-03-2023