

MP Powerlifting Association Records

MASTER 4

Mens(Equipped)

Squat

Category	Name	Unit	Body Wt.	Result	Date
66kg	BABU LAL RAJPUT	Jabalpur	62.75	260	15-04-2023

Mens(Equipped)

Bench Press

Category	Name	Unit	Body Wt.	Result	Date
66kg	SURESH KUMAR SONI	Bhopal Corporation	61.15	300	15-04-2023

Mens(Equipped)

Dead Lift

Category	Name	Unit	Body Wt.	Result	Date
66kg	SURESH KUMAR SONI	Bhopal Corporation	61.15	300	15-04-2023

Mens(Equipped)

All

Category	Name	Unit	Body Wt.	Result	Date
66kg	SURESH KUMAR SONI	Bhopal Corporation	61.15	300	15-04-2023

MASTER 4

Mens(Unequipped)

Squat

Category	Name	Unit	Body Wt.	Result	Date
66kg	NAVEEN CHAND KAPOOR	Jabalpur	59.2	185	30-03-2023

Mens(Unequipped)

Bench Press

Category	Name	Unit	Body Wt.	Result	Date
66kg	NAVEEN CHAND KAPOOR	Jabalpur	59.15	40	30-03-2023

Mens(Unequipped)

Dead Lift

Category	Name	Unit	Body Wt.	Result	Date
66kg	NAVEEN CHAND KAPOOR	Jabalpur	59.2	185	30-03-2023

Mens(Unequipped)

All

Category	Name	Unit	Body Wt.	Result	Date
66kg	NAVEEN CHAND KAPOOR	Jabalpur	59.2	185	30-03-2023