

MP Powerlifting Association Records

MASTER 2

Mens(Equipped)

Squat

Category	Name	Unit	Body Wt.	Result	Date
59kg	AJAY KUMAR CHADAWANI	Ujjain	53.6	175	15-04-2023
66kg	DEVENDRA NAHAR	Bhopal Corporation	65.95	360	15-04-2023
74kg	SHIVPRASAD KURE	Bhopal District	72.55	572.5	15-04-2023
83kg	SHIV GOPAL PANDEY	Jabalpur	78.1	410	15-04-2023
93kg	PURSHOTTAM RAJAK	Jabalpur	86.6	552.5	15-04-2023
120kg	SANJAY SAXENA	Bhopal Corporation	106.85	400	15-04-2023

Mens(Equipped)

Bench Press

Category	Name	Unit	Body Wt.	Result	Date
59kg	VIJAY SINGH DHAKAD	Mureena	58.3	295	15-04-2023
66kg	DEVENDRA NAHAR	Bhopal Corporation	65.95	360	15-04-2023
74kg	MANOJ KUMAR VERMA	Jabalpur	72.45	440	15-04-2023
83kg	SHIV GOPAL PANDEY	Jabalpur	78.1	410	15-04-2023
93kg	RAJESH PARMAR	Indore Corporation	91.5	390	15-04-2023
120kg	SANJAY SAXENA	Bhopal Corporation	106.85	400	15-04-2023

Mens(Equipped)

Dead Lift

Category	Name	Unit	Body Wt.	Result	Date
59kg	AJAY KUMAR CHADAWANI	Ujjain	53.6	175	15-04-2023
66kg	DEVENDRA NAHAR	Bhopal Corporation	65.95	360	15-04-2023
74kg	SHIVPRASAD KURE	Bhopal District	72.55	572.5	15-04-2023
83kg	SHIV GOPAL PANDEY	Jabalpur	78.1	410	15-04-2023
93kg	NARENDRA BIRADE	Ratlam	88.45	482.5	15-04-2023
120kg	SANJAY SAXENA	Bhopal Corporation	106.85	400	15-04-2023

Mens(Equipped)

All

Category	Name	Unit	Body Wt.	Result	Date
59kg	VIJAY SINGH	Mureena	58.3	295	15-04-2023

Category	Name	Unit	Body Wt.	Result	Date
	DHAKAD				
66kg	DEVENDRA NAHAR	Bhopal Corporation	65.95	360	15-04-2023
74kg	SHIVPRASAD KURE	Bhopal District	72.55	572.5	15-04-2023
83kg	SHIV GOPAL PANDEY	Jabalpur	78.1	410	15-04-2023
93kg	PURSHOTTAM RAJAK	Jabalpur	86.6	552.5	15-04-2023
120kg	SANJAY SAXENA	Bhopal Corporation	106.85	400	15-04-2023

MASTER 2

Mens(Unequipped)

Squat

Category	Name	Unit	Body Wt.	Result	Date
59kg	AJAY KUMAR CHANDWANI	Ujjain	53.7	180	30-03-2023
66kg	VIPIN POORKAR	Indore Corporation	64.4	285	30-03-2023
74kg	RAJENDER SINGH SHAH	Shivpuri District	72.43	415	30-03-2023
83kg	SHIV GOPAL PANDEY	Jabalpur	77.9	425	30-03-2023
93kg	PURSHOTTAM RAJAK	Jabalpur	88.2	512.5	30-03-2023
105kg	GULAB PRASAD MAHOBIA	Jabalpur	93.6	310	30-03-2023
120kg	JUVER QURESHI	Jabalpur	110.78	142.5	30-03-2023

Mens(Unequipped)

Bench Press

Category	Name	Unit	Body Wt.	Result	Date
59kg	AJAY KUMAR CHANDWANI	Ujjain	53.7	180	30-03-2023
66kg	S S KADAM	Bhopal Corporation	62.2	80	30-03-2023
74kg	RAJENDER SINGH SHAH	Shivpuri District	72.43	415	30-03-2023
83kg	SUSHIL BAJPAI	Jhabua	81.8	90	30-03-2023
93kg	RAJESH PARMAR	Indore Corporation	92.5	405	30-03-2023
105kg	DILIP GEHLOT	Ujjain	94.21	75	30-03-2023
120kg	JUVER QURESHI	Jabalpur	110.78	142.5	30-03-2023

Mens(Unequipped)

Dead Lift

Category	Name	Unit	Body Wt.	Result	Date
59kg	AJAY KUMAR CHANDWANI	Ujjain	53.7	180	30-03-2023
66kg	VIPIN POORKAR	Indore Corporation	64.4	285	30-03-2023
74kg	SHYAM RATHORE	Indore District	70.2	442.5	30-03-2023
83kg	TANVEER KHAN	Indore District	79.8	472.5	30-03-2023
93kg	PURSHOTTAM RAJAK	Jabalpur	88.2	512.5	30-03-2023
105kg	GULAB PRASAD MAHOBIA	Jabalpur	93.6	310	30-03-2023
120kg	JUVER QURESHI	Jabalpur	110.78	142.5	30-03-2023

Mens(Unequipped)

All

Category	Name	Unit	Body Wt.	Result	Date
59kg	AJAY KUMAR CHANDWANI	Ujjain	53.7	180	30-03-2023
66kg	VIPIN POORKAR	Indore Corporation	64.4	285	30-03-2023
74kg	SHYAM RATHORE	Indore District	70.2	442.5	30-03-2023
83kg	TANVEER KHAN	Indore District	79.8	472.5	30-03-2023
93kg	PURSHOTTAM RAJAK	Jabalpur	88.2	512.5	30-03-2023
105kg	GULAB PRASAD MAHOBIA	Jabalpur	93.6	310	30-03-2023
120kg	JUVER QURESHI	Jabalpur	110.78	142.5	30-03-2023